

How Are You? Building Educator Capacity for Inclusive Practice

Presented By: Brandi Heather

Date(s):

Wednesday, October 09, 2019
9:00 AM - 3:30 PM

Session Location:

Central Alberta Regional Consortium
8 Page Avenue, Red Deer, AB

Registration Fee:

\$125.00

Audience: Administrators, teachers, counsellors, Educational Assistants, Support Staff

Grade Level: K-12

About the Session:

This workshop will open the conversation about how teachers and staff are building their own physical, cognitive and social/emotional capacity for wellness in a diverse and ever-changing school climate. Together we will build connection and understanding for the multiple roles that teachers are fulfilling and grow resiliency within these dynamic practices through the provision of practical tools. Participants leave with resources for self-care in adapting, changing, and learning in inclusive, diverse climates.

Come explore how we can we grow our capacity for change, diversity, and health equity by including play in our teaching environments. Discover that when we recognize and value our own diverse needs, knowledge, and experience that we are more open to understanding the unique needs of others.

<https://amped2play.com/how-are-you/>

About the Presenter(s):

Brandi Heather

Brandi Heather brings a creative and innovative combination of training and subject matter expertise to her leadership role as Chief Knowledge Officer of AMPED2PLAY Inc. Brandi's exceptional knowledge of inclusion strategies, implementation solutions and user directed tools reflects her Adapted Physical Activity and Play Development Specialist experience, now reflected in the vision and mission of AMPED2PLAY.

Brandi's 20-year career as both a Builder and Instructional expert in Adapted Physical Activity utilizing accessible play as the foundation of her programming and post-secondary teaching has positioned her as a sought-after international resource in inclusive play solutions. Brandi has taken her experience, expertise and passion for accessible, multigenerational play and has established multiple programs within AMPED2PLAY including PLAY6S, Ramshackle Play and Play2Perform.

Brandi is a founding member and former Lead Program Design Specialist for the Red Deer Children's Adapted Sport Association. Her unique community programs include Play2Move, Play2Learn and Play2Build, which are focused on igniting potential and exploring physical, cognitive and social opportunities for children with disabilities and their families in a play-based environment. As a recent recipient of the Women of Excellence – Athletics and Recreation Award, presented through the Central Alberta Community Foundation, Brandi continues to be a community leader, now delivering her program knowledge as a Co-Founder of AMPED2PLAY.