

Helping Children on the Autism Spectrum & ADHD

Research-backed Strategies

Presented By: Tammy Schamuhn, Tania Johnson

Date(s):

Tuesday, April 07, 2020
9:00 AM - 3:30 PM

Session Location:

Zoom
Anywhere, Anywhere, AB

Registration Fee:

Free

Audience: Teachers

Grade Level: K-12

Special Notes:

THIS SESSION WILL NOW BE PROVIDED ONLINE VIA ZOOM!

About the Session:

THIS SESSION WILL BE OFFERED ONLINE VIA ZOOM!

A.M.

Autism spectrum disorder (ASD) is known as a challenging, complex, and long-term condition that is becoming increasingly prevalent worldwide.

Often, a diagnosis of autism can come as a shock, and can be an overwhelming experience for all involved. Consequently, this presentation focuses on empowering educators so they can better understand and address the needs, strengths, and difficulties of children on the spectrum.

Specifically, "Helping Children on the Autism Spectrum" will give a fundamental understanding of autism's diagnosis, characteristics, and triad of impairments, as well as why prevalence is increasing worldwide. This course will also explore evidence-based approaches and practices, and give practical tools and strategies so educators can work collaboratively to respond to the unique needs of children with autism.

OBJECTIVES:

- Understand the diagnosis and characteristics of ASD.
- Understand ASD's triad of impairments and its behavioral implications.
- Explore evidence-based approaches.
- Develop practical tools and strategies to help children with ASD.
- Foster a collaborative approach when working with children with ASD.

P.M.

"Students with ADHD in the Classroom: Research-backed Strategies for Educators" is a workshop brimming with the latest research on attention based disorders. The course begins with an exploration of the nuts and bolts of ADHD (and children who struggle with attention-related issues): the diagnosis, common misdiagnosis, treatments and alternative treatments.

The focus then shifts to understanding the neurology of ADHD, exploring developmental perspectives, and explaining the controversy that still surrounds ADHD. The second half of the course discusses various classroom strategies geared towards helping children with ADHD thrive. Educators will walk away with a full "tool-box" of tools and resources to use in the classroom.

Instructional Objectives:

- Exploration of an ADHD diagnosis (and children with attention-based issues), misdiagnosis, traditional treatments and alternative treatments
- Understanding neurological and developmental aspects of ADHD
- Exploring the controversy surrounding ADHD

- Developing strategies and tools to implement into your classroom to help

About the Presenter(s):

Tammy Schamuhn

I am a Registered Psychologist and Registered Play Therapist. In addition to my training as a therapist, I obtained a Bachelor's Degree in Elementary Education and I worked as an elementary teacher for three local school districts before attending graduate school. Inclusive, I have over 17 years of experience working with children in a professional capacity. I am also the founder and Executive Director of Family Counselling Centres.

I have been working in private practice for the past 7 years in Alberta, primarily with children and their families. I also include animals in my therapy and have developed a canine assisted and equine assisted therapy programs.

I approach my clinical and consultative work with parents and professionals with an attachment and neurobiological lens: all of my work is based on the neurology of the brain and how attachment is integral to adaptive functioning of both children and adults.

I am a passionate, empathetic, and experienced clinician here for my community to help children, teens, and adults heal and grow. I aim to have warm, respectful, and productive relationships with the clients I collaborate with, and I enjoy being part of the positive change that families experience.

Tania Johnson

I am a Registered Psychologist, Registered Play Therapist and one of the Co-founders of the Institute of Child Psychology. I grew up in South Africa and have had the opportunity to travel extensively, including living and working in Asia for several years. I have a deep respect for cultural diversity. In 2006-2007, I was the recipient of an International Internship at "Cancer Treatment Centers of America" where I provided ongoing support for individuals diagnosed with advanced stages of cancer. This experience ingrained within me the vital connection between the mind and the body.

In 2012, I received my Masters of Counselling from City University of Seattle. During my Master's degree, I worked both on the front lines and as a counsellor with foster and adoptive families who faced a range of emotional, behavioural and cognitive challenges.

Since completing my degree, I have worked in a private practice setting with children, teens, adults and families. My work with the Institute of Child Psychology has given me the opportunity to present to parents, professionals and caregivers on topics pertaining to children's mental health. I currently specialize in working specifically with parenting issues.

I work primarily from an attachment based perspective. This means that I work with clients to explore how early relationships impact how we come to understand our self, other people and the world.