



Collaborative Problem Solving® Tier 1 Training: Essential Foundation

Facilitator(s):	Matt Sticksl
Date(s):	<i>This is a multi-day event.</i> <ul style="list-style-type: none">• Day 1: May 01, 2023 (9:00 am to 3:30 pm)• Day 2: May 02, 2023 (9:00 am to 3:30 pm)• Day 3: May 03, 2023 (9:00 am to 3:30 pm)
Cost:	
Location:	Ponoka (CARC) 4900 54 St. Ponoka AB T4J 1N8
Session Code:	23-IE-190-CARC

Target Audience

All teachers, educational assistants, administrators, guidance counsellors, and partners are encouraged to attend.

About this Learning Opportunity

Collaborative Problem Solving®(CPS), developed by Think:Kids of the Department of Psychiatry at Massachusetts General Hospital, starts with the philosophy that all kids want to do well and will do well if they can. This evidence-based approach to managing challenging behaviour promotes the understanding that challenging kids lack the skill –not the will– to behave; specifically, skills related to problem-solving, flexibility, and frustration tolerance.

Unlike traditional models of discipline, the CPS approach avoids the use of power, control, and motivational procedures, and instead focuses on collaborating with the child/youth/young adult to solve the problems leading to challenging behaviour and building the skills they need to succeed. Additional information and resources can be found at: www.thinkkids.org

Tier 1 Training is designed for educators, clinicians, and other professionals who want to apply the CPS approach with the kids in their lives. Participants will learn all three components of the approach – assessment, planning, and intervention. Attendees are also exposed to the neurobiology behind CPS and how CPS operationalizes the latest research on trauma-informed care.

Tier 1 incorporates lectures, case studies, interactive role-play, video examples, and breakout groups. The training also provides practical guideposts and materials to help participants use the model in their daily lives.

Adapted from www.thinkkids.org

About the Facilitator(s)

Matt Sticksl

Matt Sticksl is a Think:Kids CPS Certified Trainer in the Collaborative Problem Solving® approach and receives ongoing supervision from Think:Kids. He is also a teacher and parent living in Calgary, Alberta (Treaty 7). Matt is currently teaching in a Student Services role in a K-9 school. Prior to this, he taught for eight years in adolescent mental health and addiction treatment programs in Calgary.

While working in a program partnership with Alberta Health Services, Matt was exposed to CPS as an approach for working with youth with challenging behaviours. After exposure, training, and seeing the effectiveness of CPS, he worked to become the only Certified Trainer in Western Canada. Matt has trained professionals and parents within the Calgary Board of Education, Alberta Health Services and across North America. He is excited to help others learn CPS in Alberta.



When registering, you are signing up for all three days.
Attendance is required for each day as the learning builds upon the previous session's content.

Participants with full attendance will receive a certificate of completion for 16 hours of training.

This learning opportunity is being subsidized through funding from Alberta Education.