



Exploring Wisakachihowin (Trauma) and Indigenous Trauma Practices

Facilitator(s):	Amber Dion, Terri Suntjens
Date:	March 21, 2023
Time:	4:00 pm – 6:00 pm
Cost:	
Location:	Virtual
Type:	Webinar
Session Code:	23-AB-202-CARC

Target Audience

All educators

About this Learning Opportunity

This session will explore the connection of spirit to trauma informed practices within practice. The presenters discuss trauma informed work, what it means to be trauma informed and what it can look like within community. This session creates space to explore wisakachihowin from an Indigenous lens that will honor Indigenous ways of knowing, being and doing. The dialogue creates opportunities to learn through stories and build on strategies for professionals working with Indigenous people. It provides education on the history of trauma for Indigenous peoples and the complexity within our communities.

About the Facilitator(s)

Amber Dion Terri Suntjens

Amber Dion and Terri Cardinal are nehiyaw iskwew (Cree women) who are trained Social Workers and have years of experience working within First Nation communities in various capacities. Both Amber and Terri now work at MacEwan University with post-secondary learners who are navigating their way through western academia. They hope to inspire other educators/social workers/knowledge keepers/practitioners to enhance their knowledge regarding wisakachihowin and Indigenous trauma informed practices.

Amber and Terri are also the creators of 2 Crees in a Pod a Podcast that amplifies Indigenous voices to honor Indigenous helping practices. Their research has been focused on Indigenous trauma informed practices that involves practice as ceremony, land-based initiatives, language, and culture. Trauma management supports through a pandemic is also included in this training to assist professionals with strategies to support their community.

This learning opportunity is being subsidized through funding from Alberta Education.