



Autism Behaviour series

Facilitator(s):	Lilian Saltel
Date(s):	<i>This is a multi-day event.</i> <ul style="list-style-type: none">• Day 1: Oct 24, 2023 (4:00 pm to 6:00 pm)• Day 2: Nov 23, 2023 (4:00 pm to 6:00 pm)• Day 3: Dec 06, 2023 (4:00 pm to 6:00 pm)
Cost:	
Location:	Virtual
Session Code:	24-MH-015-CARC

Target Audience

All educators, parents, caregivers

About this Learning Opportunity

Behaviour Series:

Session 1: What are Distressed Behaviours and how they are created and maintained

In this session, participants will learn to describe distressed behaviours based on what they can observe. They will also learn how distressed behaviours are created and maintained by identifying the antecedents and consequences related to them.

Session 2: How to assess Distressed Behaviours and develop effective strategies to teach Socially Appropriate behaviours

In this session, participants will learn to assess distressed behaviours by taking ABC data, doing interviews, or completing questionnaires. They will also learn the four main functions of distressed behaviours (i.e., attention, escape, demand, tangible, sensory) and to use positive behaviour support strategies to teach their students socially appropriate behaviours that will replace the distressed behaviours.

Session 3: Putting into Practice

In this session, participants will bring one student file that they need to develop a positive behaviour support plan for. They will identify the potential functions of the student's behaviours and will develop a plan to replace the distressed behaviours with a socially appropriate one.

This learning opportunity is being subsidized through funding from Alberta Education.

About the Facilitator(s)

Lilian Saltel

Dr. Saltel is a Clinical Lead with The Centre for Autism Services Alberta. She has been working with autistic children since 2008 providing in-home and community support. She also works with schools providing behavioural consultation to support students who engage in distressed behaviours. She is a Board Certified Behaviour Analyst and her practice is in accordance with the professional and ethical standards of her licensing board.